

Belt Size		
250		
280		
320		

## **Grading Application Form**

Grade Taking.....

Grading Fee £15 (not required for 1<sup>st</sup> Grading) Payment in Cash or via paypal.me/CTMartialArts/15

All grading forms must be handed in to your instructor at least <u>1 week</u> before the grade takes place along with your grading fees, grading/licence book and 1 passport size photograph (with your name written on the back).

Please note: You must have a valid licence to take a grade.

FULL NAME :	LICENCE No	EXPIRY DATE
FULL ADDRESS :		
	POSTCODE	
TEL (incl. Std code):	D.O.B.	

(Shaded area to be filled in by Grading Board)

Grading Syllabus	Points
Fitness	
Effort & Attitude	
Basic Techniques - Hands	
- Legs	
Focus Pad Work	
Shadow Boxing - Hands	
- Legs	
Blocking Techniques	
Bag Work	
Self Defence	
Horse Riding Stance	
Sparring	
Balance, Speed & Power	
Comments (if any) TOTAL POINTS	
PASS MARK	

<u>N.B.</u> You must bring the correct equipment that you need to take the grade i.e. pads, skipping rope, focus pads etc.

No Spectators or Parents etc. will be allowed into the Grading Hall due to the distraction they may cause students/examiners.

Student's Signature:.....Date:.....